

Early-Season Technical Camp

1 Week

Cervina, Italy

Available in: Ski, Snowboard



CAMP OVERVIEW

Bio

This technical camp in the Aosta Valley is a great way to start your season and kick your mind and body into gear. Set in Cervinia, a snow-sure resort linked to Zermatt, you'll be honing your technique amidst a vibrant Italian culture and fun social atmosphere. With expert coaching, video analysis, and a like-minded group of people, this camp offers a perfect blend of focussed training and on-snow mileage.

Location

This camp takes place in Cervinia, Italy, a resort known for its high altitude, glacier access, and mix of stunning groomers and technical terrain. Connected to Zermatt in Switzerland, Cervinia is part of one of the largest and most reliable ski areas in the world. With enviable snow conditions and a lively alpine atmosphere, Cervinia boasts a laid-back vibe that captures the spirit of Italian mountain life.

Goal

The goal of this camp is to work on the fundamentals of skiing and snowboarding, refining your technique and preparing for the season ahead. Much like professional athletes, we focus on the mental and physical aspects of training, pushing ourselves in a supportive environment. With expert coaches, you'll explore the region's finest terrain while immersing yourself in local culture and meeting like-minded individuals.

Riders

Designed for skiers and snowboarders who want to level up their technical proficiency in a fun and supportive environment. Whether you're an intermediate rider eager to boost confidence, or an expert looking to refine your technique, we've got you covered. Perfect for solo travellers, groups of friends and couples, this camp brings together passionate riders united by a love for the mountains and a drive to improve together.

Accommodation

You'll stay in either Hotel Mignon or Hotel Miravidi, welcoming and friendly family-run chalets, just steps away from slopes.

You can choose between twin-share or private rooms.

A continental breakfast is served daily.

Dates + Prices

Refer to the website Course Page for upcoming dates and prices.

Inclusions

The camp includes all your coaching and accommodation, with lift passes, airport transfers, breakfasts, hosting and more.

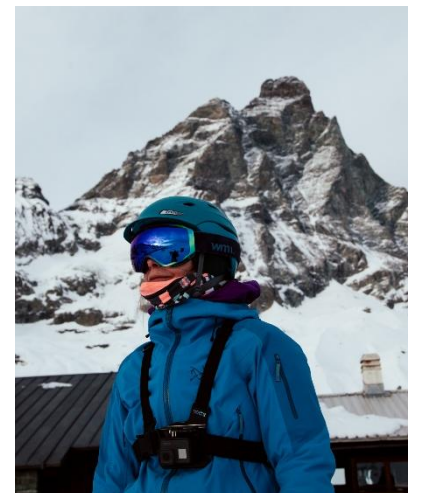
The main additional costs you need to factor in are travel, insurance and equipment.

Refer to the website Course Page for a full breakdown of inclusions.

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This was a great way to start the ski season, learn and meet new friends. The coaching really focussed in on technique fundamentals, giving me things to work on during future trips this year. Cervinia is a great location for this camp.

– Sandy





RESORT

Cervinia, Aosta Valley

Snowfall

20-25ft

Cervinia is renowned for its excellent snow conditions, thanks to its high-altitude location. At an elevation of 2,050m, with skiing reaching up to 3,893m on the Matterhorn Glacier (Europe's highest mountain station), Cervinia benefits from reliable snow coverage throughout a long season. The resort's altitude ensures consistent snowfall, which is often light and dry, perfect for skiers and snowboarders.

Ski Area

360km

Cervinia offers 150km of slopes, but the entire interconnected ski area boasts 360km, extending into Switzerland and connecting to Zermatt. The terrain features everything from wide, perfectly groomed runs to more challenging off-piste terrain. The high altitude and diverse landscapes make this area a true haven for skiers and snowboarders, with both classic alpine descents and backcountry routes.

Runs

150+

With over 150 marked runs across Cervinia and Zermatt, there's something for every rider. Cervinia's long, wide runs, such as the famous Ventina, provide breathtaking views and smooth, high-altitude skiing. The Zermatt side offers more challenging terrain, including the Triftji run, which is known for its steep gradients.

Town

The resort village is situated at 2,050m, based around a car-free cobblestoned main street. The town is relaxed and welcoming, with plenty of cafes, bars and family-run Italian restaurants. The apres-ski scene is friendly and laid-back, with live music options and outdoor terraces offering beautiful views of the mountains.



COACHING

Sessions

5 Sessions

Each coaching session is a full day of riding, led by your Nonstop coach. They' ll be five days of coaching over the week, with a day off to rest or freeride. Using the magnificent terrain of Cervinia and Zermatt, we' ll develop your technique as we get miles back into your legs. The focus is on technique fundamentals, with tips to boost your balance, edging and timing.

Groups

By Ability

This camp is designed for a range of abilities from intermediate through to expert. Groups are organised by ability and attitude, ensuring you ride with others who share a similar skill level and outlook, creating an environment that promotes growth and camaraderie.

Group Size

6 Riders

Each day is spent in small, sociable groups of 6 riders per coach. Our small group sizes allow our coaches to provide one-on-one feedback, while fostering an energised and social dynamic.

Coaches

Level 4

One of the highlights of this camp is the high level of coaching. Our team of top-tier Level 4 coaches bring expertise, precision and attention to detail. They will guide you through Cervinia' s terrain, providing tips and strategies to help you improve your riding fundamentals.



A TYPICAL DAY

This is a guideline only; each day may vary with different focuses, timings, and personal choices

07:30

Breakfast

Start your day with an Italian-fuelled breakfast at the hotel, enjoying fresh pastries and espresso. Once you're energised, it's time to gear up and get ready for a day in the breathtaking Cervinia and Zermatt region.

09:00

Briefing + Morning Session

Meet your coach and fellow riders for a quick briefing on the day's goals and terrain highlights. After a warm-up, it's time to tackle everything from wide groomers to more technical slopes. Your coach will be working through drills and providing personalised tips to fine-tune your technique.

12:00

Lunch

Pause for lunch at a mountain rifugio, where you can enjoy classic Italian dishes, like risottos or pastas. Take in the stunning mountain views as you relax with your fellow riders, soaking up the atmosphere of the Alps.

13:00

Afternoon Session

In the afternoon, you'll continue building on the skills you worked on in the morning. Explore Cervinia's and Zermatt's varied terrain, as your coach helps you tackle new challenges to further develop your confidence and control on the slopes.

16:00

Après + Relax

After a great day on the mountain, head to a nearby apres-ski spot under the Matterhorn's gaze. If you prefer something quieter, return to the hotel for some downtime, enjoying the cosy alpine atmosphere and chatting with fellow skiers.

19:00

Dinner + Socials

Finish the day with a group dinner at a local Italian trattoria, enjoying delicious regional dishes, pizzas, pastas and local wines. Afterward, join in the evening's social scene, whether it's live music, a nightcap at a bar, or a relaxed evening at the hotel to recharge for another day on the slopes.



WHY RIDE WITH NONSTOP

Coaching

Helping riders progress at sports they love in skiing and snowboarding is at the heart of what we do. With expert local coaches and guides, we create a supportive and social environment to ensure you're challenged, progressing, and riding the best zones on the mountain.

Authentic Travel

Run-of-the-mill is just not our thing. We focus on authentic destinations with the perfect blend of snow, terrain and culture, adding local twists and touches of adventure to create experiences you'll remember long after your time with us.

People

Designed for like-minded skiers and riders, you'll join a diverse group of people bound by a love of the mountains and shared desire to progress together. You're guaranteed a sociable trip, and everyone leaves with new friends.

All You Need

Just turn up and ride – we'll take care of the rest. Our packages include all your coaching and accommodation, with lift passes, airport transfers, meals, socials, hosting and more. Less hassle, more ride time.

Experience

When you travel with Nonstop you can have peace of mind that you are booking with a trusted and award-winning travel operator with over 20 years of expertise. You can rest easy knowing you're in expert hands.

Responsible

We're a proud member of 1% for the Planet, dedicated to fostering positive environmental change. By donating 1% of all sales to environmental non-profits, including Protect Our Winters, we're committed to supporting meaningful initiatives that make a difference.

NEXT STEPS

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About Nonstop A collective of passionate skiers and snowboarders, Nonstop Snow runs a collection of ski and snowboard instructor, all-mountain and backcountry camps for people who dream of pushing their level.

Founded 2002