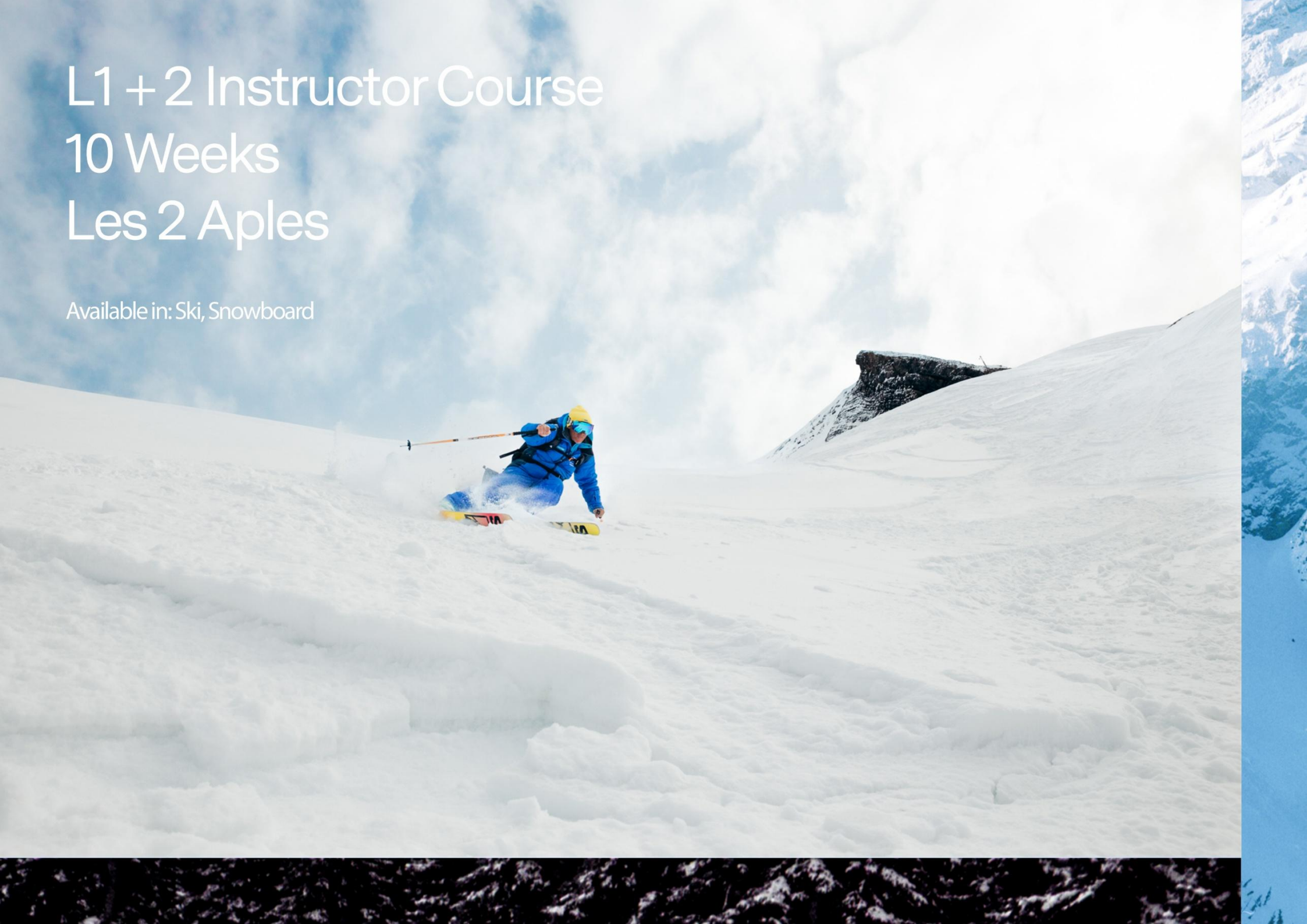


L1 + 2 Instructor Course

10 Weeks

Les 2 Aples

Available in: Ski, Snowboard



COURSE OVERVIEW

Bio

Gear up for 10 weeks of expert coaching in the heart of the French Alps, as you train for your BASI Level 1 and 2 certifications while honing your all-mountain skills. Set in one of Europe's highest and most iconic resorts, you'll experience everything from its high-altitude glacier to its varied freeride scene. Alongside a small, like-minded crew of riders, you'll enjoy pro coaching sessions and freeski clinics that will transform your skills, with weekly French adventures and a buzzing Euro apres-ski culture.

Location

This course takes place in Les 2 Alpes, France, one of Europe's highest and largest resorts, renowned for its reliable snow conditions and extensive glacier skiing. Situated in the spectacular Massif des Ecrins, L2A is a true all-rounder, offering something for every rider – from challenging freeride terrain to wide groomers and a well-established freestyle scene. With its lively village and vibrant atmosphere fuelled by a rich apres-ski culture, L2A is the perfect venue for seasonaires looking to experience a classic European season.

Goal

The goal of this course is to equip you with the technical skills and knowledge to pass the BASI 1 and 2 exams, as well as enhance your freeride capabilities. As part of the program, you'll receive expert coaching that will sharpen your skills, build your confidence, and enhance your ability to tackle the whole mountain. Along the way, you'll immerse yourself in some of the best terrain in the region and build life-long friendships with fellow riders. This course isn't just about qualifications – it's about crafting unforgettable memories and pushing yourself to new heights.

Riders

This course is perfect for riders looking to qualify as an instructor, as well as those seeking an unforgettable gap year experience. For varying levels from intermediate to expert, it's ideal for anyone passionate about skiing and eager to improve. Whether you're aiming for certification to kickstart a snowsports career, or just want to experience an epic season, this course offers a chance to challenge yourself, meet new friends, and ride L2A's incredible terrain. Many solo travellers join, quickly becoming part of the close-knit Nonstop community.

Accommodation

You'll stay in Hotel Le Cret, a centrally located ski lodge exclusively for Nonstop course participants.

You can choose between twin-share or private rooms.

Breakfasts and included evening meals are served in the hotel or local restaurants.

Dates + Prices

Refer to the website Course Page for upcoming dates and prices.

Inclusions

The course includes all your coaching and exam fees, accommodation, season pass, airport transfers, breakfasts, evening meals, hosting and more.

The main additional costs you need to factor in are travel, insurance and equipment.

Refer to the website Course Page for a full breakdown of inclusions.

“

I had an amazing time out in Les Deux Alpes. I met so many great people and my skiing improved so much. I would highly recommend this to anyone considering a ski instructor course – the coaching was top class, as well as life off the slopes!

– Freddy





RESORT

Les 2 Alpes

Ski Area

225km

Les 2 Alpes is one of Europe's highest and oldest resorts, with a direct link to off-piste mecca La Grave. Situated in the Massif des Ecrins, the ski area is split into 7 sectors with 225km of terrain, featuring the largest skiable glacier in Europe, a finely tuned freestyle park, plus freeride zone Le Fee. Rising to 3,600m on the Mont de Lans glacier, the slopes are snow-sure with a 2,300m vertical descent.

Snowfall

15-20ft

L2A's high altitude ensures great snow coverage across the mountain. The resort typically receives around 15-20ft of snow per season, but its glacier ensures good conditions even when snowfall is lower. While not as renowned for powder as some other resorts, L2A delivers epic powder days when conditions align, with plenty of vertical and expansive freeride zones for deep snow laps.

Runs

90

Les 2 Alpes features 90 marked runs spread over 225km of skiable terrain. From steep freeride zones to technical mogul runs, there's something for everyone. The resort is famed for its freestyle scene, with terrain park features designed for all levels. Whether you're carving down groomed pistes, exploring off-piste zones, or hitting the park, L2A has a diverse range of terrain to keep you progressing all season.

Town

Located at 1,650m, L2A's main village is a friendly and lively hub, with many bustling shops, restaurants and apres-skis bars to spend your downtime. Deux Alps sits on a high plateau in the valley, framed by a backdrop of jagged peaks. The lower medieval village of Venosc is a great place to escape the hustle and bustle of the main town, with traditional cobbled streets home to local craft shops and artisan bakeries.



COACHING

Sessions 4/week

Each coaching session is led by your Nonstop coach. With a varied schedule no week is the same, but the typical setup is four days of coaching per week, with a weekday and the weekends for rest, freeskiing or other activities we lay on. The primary goal is to equip you with the skills to pass your BASI 1 and 2, refining your technique, demos and teaching toolbox, as well as sharpening your all-mountain skills through guided freeride training.

Groups By Ability

This course is designed for a range of abilities from intermediate through to expert. We organise groups by ability and attitude to ensure you ride with people of a similar skill level and outlook, creating an environment of progression and camaraderie.

Group Size 10 Riders

We aim for groups of no more than 10 riders to a coach. This creates an optimal dynamic from both a coaching and social perspective, allowing for one-on-one feedback, peer learning and a good social vibe.

Coaches BASI Trainers

You'll be coached by highly qualified BASI specialists, all passionate about skiing and dedicated to helping you grow. They'll guide you to L2A's hidden zones and share advice on the industry, providing tips and tactics to develop your skills.

Qualifications BASI Level 1 and 2

You will be training for two primary qualifications, the BASI Level 1 and 2. The Level 1 is an entry-level certification, enabling you to teach beginners. The Level 2 is a step up and internationally accepted. With it you can teach intermediate to advanced lessons around the world.



A TYPICAL DAY

This is a guideline only; each day may vary with different focuses, timings, and personal choices

07:30

Breakfast

Start your day with a hearty breakfast at the hotel, fuelling up for the skiing ahead. Once you're energised, it's time to gear up and prepare for an incredible day on L2A's slopes.

10:00

Freeride

The morning is your opportunity to explore the mountain at your own pace. Whether you're cruising the groomers, freeriding with mates, or fine-tuning technical skills, it's your time to enjoy the mountain and work on personal progression.

12:00

Lunch

Enjoy a well-earned break at a mountainside restaurant and fuel up. Whether relaxing on sun-drenched terrace or in a cosy hut, it's the perfect setting to refuel and swap stories with your fellow riders.

13:00

Afternoon Session

Meet your coach and fellow riders for the day's session. Whether you're honing technical skills, tackling freeride terrain, or developing your teaching ability, the session is designed to up your level, with your coach providing personalised feedback throughout.

16:00

Après + Relax

After an action-packed day on the mountain, head to Pano Bar for an on-mountain DJ set or Umbrella Bar for a lively après-ski atmosphere. If you're in the mood for a quieter end to the day, return to the hotel to relax with friends or enjoy some downtime.

19:00

Dinner + Socials

Enjoy a freshly prepared group dinner at the hotel. After, dive into the lively L2A nightlife – catch a local event, hit popular spots like Polar Bear Pub or Motown Cafe, or simply hang out with the group. For a quieter night, rest up – there's always another great day of riding ahead.



WHY RIDE WITH NONSTOP

Coaching

Helping riders progress at sports they love in skiing and snowboarding is at the heart of what we do. With expert local coaches and guides, we create a supportive and social environment to ensure you're challenged, progressing, and riding the best zones on the mountain.

Authentic Travel

Run-of-the-mill is just not our thing. We focus on authentic destinations with the perfect blend of snow, terrain and culture, adding local twists and touches of adventure to create experiences you'll remember long after your time with us.

People

Designed for like-minded skiers and riders, you'll join a diverse group of people bound by a love of the mountains and shared desire to progress together. You're guaranteed a sociable trip, and everyone leaves with new friends.

All You Need

Just turn up and ride – we'll take care of the rest. Our packages include all your coaching and accommodation, with lift passes, airport transfers, meals, socials, hosting and more. Less hassle, more ride time.

Experience

When you travel with Nonstop you can have peace of mind that you are booking with a trusted and award-winning instructor training provider with over 20 years of expertise. We have a track record of delivering courses, with many alumni working in the industry around the world.

Responsible

We're a proud member of 1% for the Planet, dedicated to fostering positive environmental change. By donating 1% of all sales to environmental non-profits, including Protect Our Winters, we're committed to supporting meaningful initiatives that make a difference.

NEXT STEPS

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About Nonstop A collective of passionate skiers and snowboarders, Nonstop Snow runs a collection of ski and snowboard instructor, all-mountain and backcountry camps for people who dream of pushing their level.

Founded 2002